

The TAMFT Marriage and Family

NEWS



Tennessee Division of the American Association for Marriage and Family Therapy

July 2013

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From The President

Dear TAMFT Members,

I hope you are all having a wonderful and restful summer. Although, we all recognize that sometimes summer brings with it more or new stress. The Board met on May 17, 2013. We had discussion about our Annual Conference, which will be held on February 21 and 22, 2014. We do have a new location so please mark the dates and place on your calendar. Our keynote speaker will be Dr. David Schnarch. You will not want to miss this one. See Barney Self's article in this newsletter for more about Dr. Schnarch.



**Linda A. Hazel, Ph.D., LMFT,
CAS, EMDR-2, CSAT**

Another great addition to our 2014 Annual Conference is Roundtable Discussions. Some of the topics and speakers are listed in this newsletter so start thinking about which roundtable you want to sign up for. You will be able to choose the topic and person leading the topic discussion. It just may be a difficult choice so plan ahead. Also, our Board member, John Kennedy will present a session on electronics, technology, ethics and therapy. This is a really hot topic and one that we all need information about. Don't miss that.

Our monthly luncheons continue in all three areas of our state so check out the dates in this newsletter. Plan on attending and supporting TAMFT in your local area as well as network and earn one CEU.

For all of our AAMFT Approved Supervisors, expect an email from Susan Lahey asking who would be interested in the Approved Supervisor Training Course to renew your status as Approved Supervisor. If there are enough people interested we will offer the one day AAMFT Approved Supervisor training on Thursday prior to the Conference. Remember if you are an approved supervisor, you need this training every five years. So check your dates to be sure.

From The President continued...

I am happy to announce the addition to the Board of Keith Fussell as West Tennessee Representative. He will take that office which was vacated by John Kennedy who moved to Middle Tennessee. Glad to have you aboard Keith. John Kennedy will take the office of Middle Tennessee Representative which was vacated by the resignation of Ashley Dumas, who recently had a baby boy and is happy to spend all of her time with him. I do want to thank Ashley for all of her dedicated service to TAMFT and the Board. She did say, however, that she will still be around and continue her membership in AAMFT/TAMFT. She represented Middle Tennessee with pride and professionalism for over two years of her term. So please visit our website to get the names of all of the Board members. If you have any questions or want to share information just let us know.

In other news, one of the Board members for the Tennessee Licensing Board resigned and we were given the opportunity to nominate candidates for that position. It was so exciting to see that there were eight AAMFT/TAMFT members who submitted their application to us as a nomination candidate to the Governor's Office. It was impossible to choose just one so we submitted all eight. There had not been a limit mentioned. We would really love for one of our members to be chosen. We will let you know when the new person is appointed.

I hope you all took advantage or will take advantage of giving feedback regarding Governor Haslam's letter which was recently emailed to you.

We still have needs for committee members, especially Membership Committee Members. Please consider serving on this committee. It is a vital committee for our growth in Tennessee. This is your organization and we sincerely hope that you will consider serving on some of our committees. We need members to volunteer for the following committees: Networking Development, 2014 Annual Conference Chair and members, Marketing and Membership. Please consider working on one of these committees.

I would like to thank XMI and especially thank Sharon Barkmeier for such a wonderful job with our organization. Sharon is hard at work on our 2014 Annual Conference. It is a pleasure to work with her. Please feel free to contact her with any needs that come up.

Thanks everyone for being a part of TAMFT.

SAVE THE DATE!

FEBRUARY 21-22, 2014

2014 Annual Conference

Barney Self, Ed.D, President-Elect

GREAT NEWS! Our speaker for the 2014 Annual Conference will be David Schnarch, Ph.D. Dr. Schnarch is a licensed clinical psychologist and author of numerous books and articles on intimacy, sexuality and relationships. His clinical abilities attract clients and students from across the globe. David chaired the Professional Education Committee and served on the Board of Directors of the American Association of Sex Educators, Counselors, and Therapists (AASECT) for eight years. He is an AASECT Certified Sex Therapist (Diplomate Status), the first recipient of the AASECT "Professional Standard of Excellence" Award, and a Clinical Member of AAMFT. He has also received the 2011 AAMFT Award for Outstanding Contribution to Family Therapy and the 2013 American Psychological Association Award for Outstanding Contributions to Independent Practice (to be presented at the 2013 APA Convention). David currently serves on the editorial board of AAMFT's Journal of Marriage and Family Therapy.

Dr. Schnarch will present on the topic "**New Perspectives on Sexual Desire and Sex Therapy**". He remains a vital researcher and clinician in the realm of sex therapy and will give the attendees critical new information on this salient topic. Since Dr. Schnarch is recognized worldwide as an expert in treatment of sexual issues by all types of clinicians, his presentation will likely be acceptable as hard CEU's for the general therapeutic community. Please let your psychologist, professional counselor, social worker and pastoral therapist friends know about this great opportunity to hear Dr. Schnarch. I hope to see you and your friends at the Annual Conference:

February 21- 22, 2014

NEW LOCATION:

**Franklin Marriott Cool Springs
700 Cool Springs Blvd, Franklin, TN 37067**

Registration Information will be emailed to AAMFT/TAMFT members in mid-October. Check the website at www.tnamft.org for information regarding the conference.

Hotel Reservations are now being accepted by calling the Franklin Marriott Cool Springs at 1-800-228-9290 or 615-261-6100. Mention "TAMFT" to secure the group rate of \$119.00 for a standard room. There are a limited number of rooms blocked for the conference so please book your room early. The room block closes on Thursday, January 30, 2014.

Sponsorship Opportunities Available

- **\$300 Level includes:**
 - One exhibit booth at the conference
 - One full conference registration - Extra booth personnel \$50 per person (Friday lunch included)

- **\$500 Level includes:**
 - One exhibit booth at conference
 - One full conference registration - Extra booth personnel \$50 per person (Friday lunch included)
 - Logo/Name on tote bags
 - Marketing materials in tote bag for each attendee
 - One judge position on student poster competition panel

For more information about sponsorships or exhibiting at the 2014 conference, please contact Sharon Barkmeier, Administrative Coordinator at sbarkmeier@xmi-amc.com

Annual Conference New Roundtable Discussions

Saturday, February 22, 2014

At the 2014 conference we will hold Roundtable Discussions immediately following the Town Hall meeting. You will have the ability to choose which session you are interested in the day of the session. There will be 12 tables with 10-12 people. So, come early and reserve your seat. Below are a few of the Roundtable sessions planned for the conference. A complete list will be posted to the TNAMFT website soon. One hour of CEU will be given.

❖ [Road to licensure – Anna Claire Bowen](#)

At this roundtable, we will look at the steps you should take after graduation to start the licensing process. There will be discussion on sending in your application, finding a supervisor, and preparing for the licensing exam. If you are looking for answers after graduation life, this is the round table you should attend!

❖ [Licensure trends – Brenda Dew](#)

At this roundtable, Dr. Brenda Dew will outline and discuss licensure trends and what it might mean for us with licenses and applying for license. Though Dr. Dew cannot discuss any specific information from the Licensing Board from her term, she can clarify the process for applying for LMFT, whether it be a new license or getting a TN license when coming from another state. She can also discuss the requirements and timeline for getting a license.

❖ [Legislative – Richard Gillespie](#)

At this roundtable, we will examine both national and state legislative issues in terms of trends, our organization's lobbying efforts, and the stands we take on these. We will look at such things as MFT's and Medicare, MFT's and Schools, MFT's and the Veteran's Administration, and MFT's in the Affordable Care Act. We will also look at ways the individual can get involved to help in TAMFT Legislative efforts.

❖ [Trauma and EMDR – Linda Hazel](#)

At this roundtable, basic understanding of trauma and the symptoms that go along with it as well as treatment of trauma will be discussed. Facts about trauma which will help therapists identify and understand trauma better will be presented. EMDR (Eye Movement Desensitization and Reprocessing) will be presented and discussed. Some case study work will be a part of this discussion.

❖ [Starting a practice – David Hall](#)

Discussion on the basics of how to start up your own practice as well as joining an existing one. Also tips for effective practice marketing and client retention.

❖ [Succeeding in Mental Health Non-profit Agencies – Adam Horn](#)

Interested in working for a non-profit mental health agency? Looking to grow in your current organization? This round table will give you the opportunity to learn and discuss some of the keys to success in seeking and thriving as an agency employee.

❖ [Dealing Ethically in Church-based Therapy Settings – Barney Self](#)

Do you serve in a small town or in a venue where dual relationships are mandated by proximity? Come join the discussion regarding ethical ways to cope and even thrive in this sometimes awkward position.

West TN Representative Report

Our representative **John Kennedy** has moved to Nashville to teach in the MFT program at Trevecca Nazarene University. We hate to see John go but know he will do well in this new teaching assignment. I have been asked by the board to take over John's post until the next election. We do have a new slate of continuing education "brown-bag" lunch meetings at Harding School of Theology in Memphis. We usually meet the first Monday of the month. On Monday, August 5 we have a special session on the issue of *Human Trafficking*. Our special guest speaker is **Jonathan Skrimetti, J.D.** who is with the Department of Justice. Jonathan is on the front lines of prosecution on this issue and will give us some very helpful information. In September we will move to Monday, September 9 because of the Labor Day holiday. We are still finalizing our speaker for September. On October 7 we welcome back **Erika Carr, Ph.D.** Erika is a graduate of Harding School of Theology and now a clinical psychologist with the VA. Dr. Carr's topic will be *Working as a Mental Health Clinician in a Primary Care Setting*.

I would love to hear from TAMFT members in the West TN areas outside of Memphis. If there is enough interest, we can have a meeting in Jackson or Dyersburg at some point. Please contact me at Keith@BartlettChristianCounseling.com

Keith Fussell, West Tennessee Representative

East TN Representative Report

Our last East Tennessee Luncheon was held in Kingsport and L. Gordon Brewer gave us a great presentation on issues of grief and loss in counseling. I am posting all of the handouts from East Tennessee luncheon on my website to be available for those who want the information, even if they were not able to attend (<http://www.narrativeinstitute.org/TAMFT.html>). We also had a great student event with the MFT program at Lee University where our student representative, Anna Claire Bowen, and myself presented on issues with licensure and employment after graduation.

Our next luncheon will be in Chattanooga and will be hosted by Richmond Graduate University. I will be presenting on Milton Erickson and his legacy of Family Therapy. We hope to have as many of you as can be with us.

S. David Hall, PsyD, LMFT, LPC, East Tennessee Representative

Middle TN Representative Report

The Middle Tennessee area luncheons are held every other month. The next Middle Tennessee Luncheon will be held on Friday, July 26, 2013.

TIME: 11:00 a.m. – 1:00 p.m.

PLACE: Swang, College of Business, Room 230
Lipscomb University
One University Park Drive
Nashville, TN 37204-3951

Dr. Paul Cates will lead our discussion on “*Values that Sustain Relationships: Trust, Truth, Justice, Forgiveness, Relational Grace, Etc.*”

John Gottman, in his recent book, The Science of Trust (2011), speaks of trust as “the missing element in the sound relationship house theory”; the “something fundamental, mysterious, and basic [that was] apparently missing from our analysis”.

We will discuss this element which Gottman says is also a theoretical pillar of Bowlby’s attachment theory, and Susan Johnson’s EFT. We will discuss how Contextual Therapy relates, and how Hargraves’ ideas (The Essential Humility of Marriage) and others (ex. The Family Journal, 21(2) 146-153, “An Empirical Investigation into Justice, Grace, and Forgiveness: Paths to Relational Satisfaction”) all fit together. Bring your own ideas and resources for this discussion of foundational factors for healthy relationships.

Lunch will be served for **\$8.00**, beginning at about 11:15. The menu will be Whitt’s BBQ (pork and turkey), baked beans, Cole slaw and potato salad. The discussion will begin at 11:50 and will conclude no later than 1:00.

Please call 615.966.6294 or e-mail cathy.lincoln@lipscomb.edu to let us know if you will be attending, **and whether you plan to eat**, so we can plan accordingly. (***Please, if you sign up to eat, be sure to come, or call if your plans change, or send \$8 to help cover expenses.***)

Directions: The campus is located between Granny White Pike and Belmont Boulevard, south of Woodmont Boulevard and north of Harding Place/Battery Lane. Our location for this meeting is in Swang, Room 230. It is best reached from Belmont Boulevard, and it is located near the tall bell tower. There will be parking spots reserved in front of the Beaman Library marked “TAMFT”. Please click here for a campus map:

<http://www.lipscomb.edu/page.asp?SID=4&Page=3170>

John Kennedy, Middle Tennessee Representative

Book Review: **Inside Rehab** by Anne Fletcher (Viking)



Review by David Hall, East Tennessee Representative

Many of us in the mental health profession have had some experience in the world of Alcohol & Drug Rehab; whether it was a clinical placement, a referral partner, or our primary place of work. Yet even for those of us who work directly in the field of addiction, what exactly goes on inside many rehabs remains a mystery to us.

*From what determines recommendations to either inpatient or outpatient treatment, to the financial costs of different programs, or even to what therapeutic models different treatment centers employ and why, the veil remains drawn to even professionals. Anne Fletcher, author of *Sober for Good*, seeks to answer these questions and shed light into the shadows of the where's, what's, why's, and how's of the rehab business in her new book, *Inside Rehab*.*

This book is a must read for anyone with an interest in the work of A&D treatment, whether as a clinician or as a layperson. Fletcher clearly and concisely explores the variety of settings where A&D treatment occurs, the latest research as to the most effective therapeutic modalities in treating addiction, and where many treatment centers are either hitting or missing the mark in regards to quality of care. If you are looking for a crash course in the current realities of A&D treatment in America, I would highly recommend this book.

Welcome Keith Fussell as West TN Representative



Professional Experience:

Private Counseling Practice, Christian Counseling Center of Bartlett, LLC, Bartlett, Tennessee 2010 to present. See individuals, couples and families. Clinical supervision for candidates for licensed professional counselor. Conduct workshops, seminars and classes for churches and other organizations.

Part-Time Therapist, Agape Child and Family Services, Memphis, Tennessee. Since April 2010.

Family Life Minister, Sycamore View Church of Christ, Memphis, Tennessee 1993 - 2010. Responsibilities – counseling and preventive family ministry (classes, sermons, workshops, etc.) Director of Sycamore View's Christian Counseling Center supervising two other part-time therapists.

Taught *Marriage and the Family* at Mapepe Bible College, Lusaka, Zambia (Central Africa) summers of 2006, 2007, and 2008.

Taught *Family Life Ministry* at Harding School of Theology, Memphis, Tennessee summers of 2004, 2005 and 2006.

Clinical staff of Northeast Mental Health Center, Memphis, Tennessee 1990-1992.

Associate Minister of the Sunset church of Christ in Miami, Florida from 1983 to 1987.

Education:

Master of Arts in Counseling, 2004, Harding School of Theology.

Master of Arts in Religion, 1990, Harding School of Theology. Additional study in marriage and family therapy from Harding and University of Memphis

Bachelor of Arts, 1983, David Lipscomb University. Major – Bible/speech communication. Minor - psychology

Keith and his wife Kimberly have been married for 27 years. They have three children: Joshua, Joanna, and Joel. Keith is an Elder and volunteer minister of Oliver Creek Church of Christ, Bartlett, Tennessee.

Sponsorship/Advertising

Opportunities to advertise in this quarterly newsletter are now available. You can submit training events, job opportunities or other announcements in our newsletter. The advertisements must be consistent with AAMFT's and TAMFT's mission. The price for advertising in our association newsletter shall be as follows:

Non-Members or Agencies:

1 page \$250.00

½ page \$150.00

¼ page \$100.00

Members of TAMFT receive a 50% discount.

For more information contact sbarkmeier@xmi-amc.com.

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