

The TAMFT Marriage and Family

NEWS



Tennessee Division of the American Association for Marriage and Family Therapy

JULY 2014

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From The President

Dear TNAMFT Members:

It is with great pleasure that we welcome the new members of the Board that were just elected. Brandon Arbuckle joined our Board at our last meeting as Secretary. Sara Hopkins joined our Board at our last Board meeting as Middle TN Representative.

We have a full Elections Committee right

now but as you see below, the Middle TN Representative (who is the Chair of the Committee) will rotate off this year. However, we now have Eddie Stone representing East TN and Melissa Canterbury representing West TN. We are also very pleased to announce the new Chair of our Membership Committee is Shawn Orsagh from Cordova, TN. Welcome to all of our new Board and Committee members.

The 2015 TAMFT Annual Conference will be held on February 20 and 21, 2015 at the Marriott in Cool Springs. Our keynote speaker will be Dr. Michael Yapko. He will present on *What Families – and People Who Work with Them – Can Do to Treat and Even Prevent Depression*. We would love to have more TAMFT members involved so if you want to help with the conference, please let us know.

Our monthly luncheons continue in all three areas of our state so check out the dates in this newsletter. Plan on attending and supporting TAMFT in your local area as well as network with other colleagues and earn one Contact Hour.

We have elections coming up in the next couple of months. You will be receiving the ballots for the following four positions along with the platform statements of the people running. You can vote on-line.

- **President-Elect** – This is a two year term as President-Elect, two year term as President and one year term as Past President. This candidate can be from any area of Tennessee.



**Linda A. Hazel, Ph.D., LMFT,
CAS, EMDR-2, CSAT**

From The President continued...

- West TN Representative to the Board – This is a 3-year term. The candidate needs to be from West TN.
- Middle TN Elections Committee – This is a 3-year term. This candidate needs to be from Middle Tennessee.
- Student Representative – The position is a 2 year term. The candidate can be from any area of Tennessee as student in an MFT Program.

We still have positions on our committees available. If you have any questions or need information please do not hesitate to email Sharon Barkmeier at XMI – sbarkmeier@xmi-amc.com for more information. We have a number of openings on our committees and really need volunteers to fill those committee positions and get involved with TAMFT. This is an exciting time for AAMFT and getting involved in our State Division is a wonderful way to keep informed and be of service to our Association.

I would like to especially thank Anna Claire Bowen who has done such a magnificent job as our Student Representative. We have been so fortunate to have her on our Board. She has made our Facebook presence come alive. For the past six months she has been going to TN Universities and Colleges to talk about AAMFT and TAMFT to the Marriage and Family Students. She has been such an active part of our Board; we really appreciate all of her efforts. If you are interested in running for this position, please contact her and she will be happy to discuss it with you.

I would like to thank XMI and especially thank Sharon Barkmeier for such a wonderful job with our organization. Sharon continues to work on our 2015 Annual Conference to assure all the little details are covered. It is a pleasure to work with her. Please feel free to contact her with any needs that come up.

On behalf of the AAMFT Board of Directors, I will be traveling to Alexandria, VA to the AAMFT national office to attend the Division Affairs Steering Committee Stage 3 meetings. The goal of the meetings is to help identify an optimal organizational structure that will work the best for AAMFT over the next 15 to 20 years. Our organizational structure will be the foundation upon which we build AAMFT's future success. Approximately 85 leaders will attend this meeting. This is a vital part of the future for AAMFT and licensed marriage and family therapists.

I hope you have enjoyed your summer and had lots of fun, laughter and great relationships. Thanks for being a member of TAMFT. Enjoy!

SAVE THE DATE
FEBRUARY 20-21, 2015
Marriott Cool Springs, Franklin, TN

**DEPRESSION IS CONTAGIOUS:
What Families and the People Who Work with Them
Can Do to Treat and
Even Prevent Depression**



Meet your new Membership Chair – Shawn Orsagh



Hi, my name is Shawn Orsagh. I am a wife to an adventurous and loving husband and mother of two. My husband and I will be married one year on July 3rd. Through my marriage I gained a son, Kannon, who is 9 and a daughter, Molly, who is 11. You can always spot my son because he only wears black and red, which matches his red hair, while my daughter is a smart and witty like me. I am originally from Texas but quickly learning to love Memphis and its barbeque nachos! I am a huge foodie and I love traveling. Since being married, my husband and I have traveled to New Orleans, Destin, Myrtle Beach, Nashville, and St. Louis. When I am not indulging in barbeque nachos I can be found on Beale Street at B.B. King's eating their fire cracker corn and jalapeno fritters or strawberry shortcake. You truly haven't lived until you've tried

their version of corn fritters. Prior to pursuing being a Marriage and Family Therapist I was a Relationship Coach for two years. Along with my Relationship Coaching experience I've been a Project Manager for six years specializing in process improvements. However, my passion in life has always been helping people. Helping people be authentic to who they are, having healthy professional and personal relationships, and helping to achieve their life purpose. My experience as a Relationship Coach helped me to see the need for understanding and healing a person's past in order to deal with their present and future. My favorite therapy techniques are Brief Solution Focused and Narrative Therapy. Presently I am counseling as an intern at the Christian Counseling Center of Bartlett and Agape Children and Family Services. If you would like to learn more about me and the work I am doing please visit www.relationshiprestoring.com.

East TN Representative Report

We had two recent luncheons for our East Tennessee member; on 4/25/2014 in Knoxville, Michael Stanfield presented on religion and therapy from a Jungian perspective, while in Kingsport on 6/27/2014, Hannah Pollard talked on the use of DEC-R approach to addressing sexual issues in couples counseling.

Our next luncheon is coming up soon with Marine Ferree from Bethesda Workshops presenting a special 2 hour training on addressing sexual addictions with couples. The luncheon/training will be on August 22, 2014 in Knoxville at the Cherokee Mills building.

We hope that everyone in the East Tennessee might be able to join us for some of these community times.

S. David Hall, PsyD, LMFT, LPC
East Tennessee Regional Representative

Middle TN Representative Report

We are excited to provide a new location for our upcoming middle Tennessee luncheon meetings. We will be meeting at the offices of the Tennessee Voices for Children located at 701 Bradford Avenue, Nashville, TN 37204.

Our next luncheon will be held Friday, September 26th from 11:00 am – 1:30 pm. The speaker and topic information will be available soon. Please visit www.tnamft.org for updates.

In order to plan for upcoming luncheon meetings, please put these dates on your calendar.

- Friday, October 24th
- Friday, January 23rd
- Friday, March 27th
- Friday, April 24th
- Friday, May 22nd

Sara Hopkins
Middle Tennessee Regional Representative

West TN Representative Report

We will begin our first Monday lunch meetings again for the new school year on Monday, August 4th. On that day New Life Lodge will be hosting us with lunch and a speaker from their staff, **Gussie Fuller**, speaking on *The Impact of Addictive Disease on Families*. Please RSVP to me by July 30th if you want to join us on August 4th.

In September we switch to Monday, September 8th because of the Labor Day holiday. On that date, **Dr. Jerry Harber** will be speaking on *MFTs and Alcohol: Is Abstinence the Only Option?* That day we will be back to our brown bag lunch – sorry! On October 6th we're happy to welcome back local psychiatrist, **Valerie Augustus, M.D.** discussing a new treatment for depression. We always feel very fortunate when we can have a psychiatrist speak for us. Just so you can mark your calendars out on November 3rd we welcome back one of our favorite presenters **Dr. Katherine Wilson Blackney**. Katherine will be speaking on some topic relevant to sex therapy. All four of these lunch presentations will take place at Harding School of Theology at 1000 Cherry Road in Memphis. Our meetings are in the Hospitality Room which is in the W.B. West Center. Don't worry Harding is a small campus. We begin with lunch at 11:45 (usually bring your own!) and start our speaker about Noon.

We welcome all of our west Tennessee members to join us in Memphis for these gatherings. We're still open to planning something in Jackson or Dyersburg. Let me hear from you folks in those areas if there is interest.

Keith Fussell
West Tennessee Regional Representative

Student/Associate Report

I, your student representative, have begun visiting graduate programs across the state. So far I have met with the students at Trevecca Nazarene University on March 15th and at Harding School of Theology on April 1st. During my visits, I spoke with students that are interested in learning more about TAMFT and answering questions on what to expect after graduation.

These visits are a part of a continued effort to increase student involvement in the association and learn what barriers the student members are facing as they finish up their graduate work and move into the profession. This is a great chance for students to make connections with someone who can help them get linked with supervisors, learn about the licensing process, and help networking students to agencies for practicums and jobs across the state.

If you are a student or university that would like to have the student representative come to your school, please contact her by email at annaclairew.bowen@gmail.com or through our Facebook page.

Please check out our Facebook page to find out about more information different events happening across the state and important information relating to legislation, licensing, and much more!

Anna Claire Bowen
Student/Associate Representative

Sponsorship/ Advertising

Opportunities to advertise in this quarterly newsletter are now available. You can submit training events, job opportunities or other announcements in our newsletter. The advertisements must be consistent with AAMFT's and TAMFT's mission. The price for advertising in our association newsletter shall be as follows:

Non-Members or Agencies:

1 page \$250.00

½ page \$150.00

¼ page \$100.00

Members of TAMFT receive a 50% discount.

For more information contact sbarkmeier@xmi-amc.com.

Contact Us

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